

Church Women United in Madison, Wisconsin

XX

C.W.U. Newsletter October 2023 No. 6

XX

October Forum
Friday, October 6, 2023
9:30 a.m.

God's Plan For Us:
Joy...
Happiness...
Laughter....

Linda Snell & Betsy Haimsen CLC
(Certified Laughter Coach)
will take us into biblical,
musical & therapeutic
o-so-good-for-you
laughter, joy....
happiness

Bethany United Methodist Church
3910 Mineral Point Road
or via Zoom

Join Zoom Meeting

<https://us06web.zoom.us/j/3600894061?pwd=pgs4tDKBG55nlqBSrMt6HXadDPIVvB.>

1

Meeting ID: 360 089 4061 Passcode: 7KeiS

CHURCH WOMEN UNITED MADISON is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

<https://us06web.zoom.us/j/3600894061?pwd=pgs4tDKBG55nlqBSrMt6HXadDPIVvB.1>

Meeting ID: 360 089 4061

Passcode: 7KeiS

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Find your local number: <https://us06web.zoom.us/u/kbltFeXau3>

November World Community Day

Friday, November 3, 2023 9:30 a.m.

Mt. Zion Baptist Church, 2019 Fisher Street
in person and streaming on YouTube (MTZ Life) and
Facebook Live (Mt. Zion Baptist Church)

Community Leadership Awardee,
Dr. Dawn B. Crim,
Vice Chancellor for Inclusivity and
Community Engagement, UW Green Bay

Church Women United - September 2023 Meeting Notes

We met at First Baptist Church for our September meeting. Pastor Tim Schaefer welcomed us with a snapshot of First Baptist. Last year we celebrated 175 years of Baptist life, with autonomy to make own decisions, Soul Freedom, and interpretation of scripture.

Ann Sowaske introduced our speaker, Linda Von Tol. She is a relief counselor for ARC Community Services, Inc. Services For Women & Their Families, 2023. They are involved with a history of correction and treatment for those who get out of correction. ARC Houses provide respecting and evaluating those who need support. Now they have a new 5-bed facility that provides residential treatment programs. A maternal and infant program provides a 6 months program. They have 5 residential programs. They deal

with substance abuse, get health care needs met. There are 2 other similar programs in Fond du Lac and Milwaukee. These are statewide. Harm reduction is the aim of all of them.

Any changes you make change your life. Ways to healthier living. Abstinence through harm reduction, anything we can do to support life, give time to improve.

Home Project, Center for Women and Children. Therapeutic childcare, groups for moms and kids, program for pregnant women. Women are so resilient. 95 percent of women survivors of some trauma. Teach skills. Look at ways to change things. Trauma work is long. Help them. If you get someone to laugh, that's progress. Residential help has many possibilities. Anxiety is a piece of it. Spirituality is a big part of recovery. Always have churches help, church ladies. Help residents get to church.

ARC is funded by the Department of Corrections. Day treatment through county, state, United Way. How they get referrals. Medicaid Dane County.

ARC wants people who want to do this. Timing is everything. ARC is a good logo. Audrey Hinger Project is a donation of books to ARC, children's books.

Our thanks to Ann Sowaske and to Lynette Miller and Pastor Tim.

Wisconsin's Governor Tony Evers, has declared 2023 the Year of Mental Health, calling mental and behavioral health a "burgeoning crisis" affecting the state and Wisconsin's kids, families, and workforce.

To address this need, First Church of Christ, Scientist - Madison is hosting a public talk titled **The Quest to Experience God: A Key to Our Well Being**, by Giulia Nesi Tetreau, CSB on **Sunday, October 8th at 2:00pm** at the Fluno Center on the UW Campus. (Note - there's underground parking on site!)

This lecture will be of interest to anyone searching for an uninterrupted sense of well-being and purpose, based on a deepening relationship with God. Giulia Nisi Tetreau spent several years in the mental health field as a professional psychotherapist, but ultimately felt compelled to leave her practice and focus completely on the healing ministry of Christian Science. Her upcoming talk will include examples of the permanent healing of severe mental health challenges solely through spiritual means.

FAIR SHARE ANNUAL CONTRIBUTIONS &
DONOR ONTRIBUTIONS FORM
FOR CHURCH WOMEN UNITED OF MADISON

Please Note: These contributions will be used for the general operating expenses of CWU of Madison, as well as for the Celebration materials, choir music, annual donations to selected community social services, and annual contribution to Church Women United of Wisconsin. GENERAL OPERATING EXPENSES include, in part, the cost of producing and mailing the CWU newsletter, and the P.O. Box rental.

Please send in contributions by November 30 of each year. Our financial year ends on December 31 of each year.

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Please make your check(s) payable to: Church Women United of Madison and send to:

Marleen S. Lippert, Treasurer,
CWU of Madison
6329 Scandia Lane
McFarland, WI 53558

Thank you for your financial assistance in carrying out the various projects of CWU. Your contributions are sincerely appreciated.

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